

TIPS FOR PREPARING FOR THE ECOLOGICAL RIVER TRIP

Clothing

- Hat for sun protection
- Shoes to wear on the Flotel (they keep it very clean) and for shore excursions (plan to walk in the mud)
- Shorts are good on the boat but long pants are best when going on shore
- Light weight rain poncho (some are provided on the boat)

Supplies

- 100% Deet mosquito repellent
- Flashlight
- Sunscreen of 15 SPF protection
- Binoculars
- Telephoto camera lens